

# Homemade Basics Meal Plan

from Good Cheap Eats



<a href="#">Veggie Curry</a> , rice	<a href="#">Tuna Salade Nicoise</a>	<a href="#">Skillet Fish &amp; Asparagus</a> , rice	<a href="#">Pot Roast</a> , veggies, mashed potatoes	<a href="#">Baked Tacos</a> , green salad
<a href="#">Sausage Gravy &amp; Biscuits</a> , eggs, hashbrowns	<a href="#">Cashew Chicken</a> , rice, steamed veggies	<a href="#">Shepherd's Pie</a> , green salad	<a href="#">Stuffed Shells</a> , green salad, garlic bread	<a href="#">Chicken Tikka Masala</a> , rice
<a href="#">Tomato Soup</a> , grilled cheese	<a href="#">Chicken &amp; Gravy</a> , mashed potatoes, veggies	<a href="#">Baked Mac &amp; Cheese</a> , steamed veg	<a href="#">Tuna Melt Sandwiches</a> , side salad	<a href="#">Meatloaf</a> , mac and cheese, veggies
<a href="#">Quiche Florentine</a> , green salad	<a href="#">Beef Taquitos</a> , rice, beans, salad	<a href="#">Tandoori Chicken</a> , rice, veggies	<a href="#">Huevos Rancheros</a> , cole slaw	<a href="#">Lasagna</a> , green salad, garlic bread
<a href="#">French Bread Pizza</a> , green salad	<a href="#">Baked Salmon in Foil</a> , rice	<a href="#">Beef Stew</a> , <a href="#">Rice</a> , green salad	<a href="#">Chicken Pot Pie</a> , steamed veg	<a href="#">Pulled Pork Sandwiches</a> , cole slaw