

Shopping List for 12 Easy Meals

[Rice Bowls](#)

Pasta & [Red Sauce](#)

[Quesadillas](#)

[Grilled Cheese Sandwiches](#)

[Sandwich Bar](#)

[Snacky Lunch](#) / [Snacky Dinner](#)

[Tortilla Pizzas](#)

[Breakfast for Dinner](#)

[Quickest Chili in the West](#)

[Chicken Noodle Soup](#)

[Thursday Night Soup](#)

[Easy Nacho Appetizer](#)

Dry / Canned Goods		Produce		Dairy	
	Pinto Beans		Avocados		Cheese—shredded
	Black Beans		Bell peppers		Cheese slices
	Rice		Carrots		Eggs
	Crushed tomatoes		Celery		Mozzarella
	Tomato paste		Cucumbers		Sour cream
	Roasted chilies		Lettuce		Yogurt
	Enchilada sauce		Mushrooms		
	Salsa		Onions	Meat/Poultry	
	Jalapenos		Potatoes		Bacon
	Hominy		Red onion		Chicken
	Chicken broth		Tomatoes		Deli meat
	Egg noodles		Veggies for rice bowls		Ground beef
	Pasta		Zucchini		Sausage
	Canned tuna		Apples		
	Olive oil		Pears	Bread	
	Vegetable oil		Fruit salad		Sliced bread
	Pancake/Waffle Mix				Specialty bread
					Tortillas
Condiments		Snacks		Spices	
	Mayonnaise		Appetizers		
	Mustard		Chips		For red sauce
	Veggie dip		Crackers		For chili
			Tortilla chips		For soup